

Village information re Coronavirus from Doddington Parish Council And the Doddington Diary

You will know by now, that Coronavirus is a very serious illness and that the Government are doing all they can to halt the spread of the virus and ensure that the elderly and vulnerable are protected as much as they possibly can be. That means following some very stringent rules, making sure that you are keeping yourself and your family, friends and neighbours safe too.

Please remember to wash your hands often, taking 20 seconds to ensure that you have done them properly. (To see how to wash your hands watch this video - <https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/>).

Avoid physical contact by keeping at least 2m (6ft) apart from anyone that you meet at the door, or in the village shop or supermarket.

STAY AT HOME as much as you possibly can, if you HAVE TO GO OUT, MAKE SURE IT IS ONLY FOR ESSENTIALS, FOOD AND MEDICINE SHOPPING - but IF YOU DON'T HAVE TO GO OUT PLEASE STAY AT HOME. The more you move amongst other people the more likely it is that you may get or spread the virus.

PLEASE DON'T BUY ANY MORE FOOD AND DRINK THAN YOU REALLY NEED. If everyone stopped stockpiling, the shops would be full again and everyone could get what they need. If you buy in bulk, you are stopping key workers such as NHS staff, delivery drivers, police and ambulance staff etc from being able to access vital supplies, and the elderly and vulnerable people who we should really be looking after, often go without. PLEASE. PLEASE THINK OF OTHERS – THE ONLY THING WE SHOULD BE SPREADING IS KINDNESS. Please stay safe – you can visit the following websites for advice:

NHS - <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Government Coronavirus information - <https://www.gov.uk/coronavirus>

Fenland District Council - <https://fenland.gov.uk/coronavirus>

Doddington Medical Centre - <https://www.fenlandgrouppractice.nhs.uk/>

As I am self-isolating too, I have tried to put together a list of what is available in the village to help us all whilst this virus continues. We are lucky that we have many people who are selflessly giving up their time to help and I wanted to thank them all personally – British people have always been great in a crisis – let's prove that we still have that spirit!

I'm very grateful to Sally Graham for her help in putting this list together.

PRESCRIPTIONS

If, following your discussion with a healthcare professional, you have been issued with a prescription, we would ask that someone else collects it. If there is no-one else available, please remain in your car, phone the surgery and the medication will be brought to you.

People collecting routine prescriptions will also be asked to wait outside until the dispenser is available, there will be controlled access to the dispensary. This is to protect both staff and patients.

Telephone requests for repeat prescriptions have been temporarily re-instated, please be clear about the names of the medications you require. The phone line will obviously be very busy.

To order a repeat prescription, please either:

- **Request your repeat medication online (preferred method)**
- **If you are not registered for this online service:**
 1. **Download the SystemOnline App to your mobile device from the AppStore or GooglePlay or**
 2. **By clicking on Online Services on the surgery website**
 3. **Telephone the surgery to request online registration**
 4. **You will be sent a text with your User Name and a Password. (The password will have to be changed after your first log in.)**
- **Telephone the surgery between the hours of 10.00 and 16.00 and press option 2 for dispensary.** (Ignore the message that says prescriptions can not be requested by telephone, this procedure has temporarily been relaxed.)
- **Please DO NOT send paper requests as the virus is transferable via paper.**

VOLUNTEERS

Maggie Thomson has put together a small group of volunteers to help support the over 70's

They are offering:

- Help with shopping
- Dog Walking
- Keeping in touch by telephone
- Preparing hot meals

- Prescription drop off and pick up
- General errands.

If you are over 70 and would like to get involved or would like to take up the offer of help, please telephone MAGGIE ON 07948481096

HOT MEALS

Both of the pubs in Doddington continue to offer food services, whilst they have had to shut their doors. Please support them if you can – just because you can't go out – it doesn't mean you have to cook!

THE THREE TUNS have a take away menu available, including:

- Hunters Chicken Chips & peas
- Wholetail scampi chips and peas
- Thai red vegetable curry with rice
- Jacket potatoes, Baguette, burgers etc

Many other delicious starters mains and snacks.

If you would like to take advantage of this service, please ring **01354 279593** and place your order – this will then be delivered to you and placed on your doorstep. There is a minimum order of £6 and deliveries will take place on Monday to Friday 12.00 to 2.00 and 6.00 to 8.00pm and Saturday 12.00 to 3.00 and 6.00 to 8.00pm. Please note – card payments only.

THE GEORGE COMMUNITY HUB also have ready meals on offer such as Lasagna and they are also offering meal kits such as Steak and Ale pie, which contains both filling and pastry, for you to cook at home.

If you are looking for bread, then The George is offering baguettes, Bread rolls, and 600g bloomers.

Eggs are also available and you can purchase fresh vegetables at the George whilst the Farm Shop is unavailable.

If you are looking for Pet foods, toiletries, dry goods, or cleaning products – let us know what you need and they will try and provide them

Orders are taken via text, phone or Facebook on Monday, Wednesday, Friday and Saturday between 4.00 and 5.00pm

Please note, lagers, Ales, coffees and hot chocolate are also available for take away.

RING 01354 741177 OR TEXT 07446843877

LOCAL SHOPS

THE ONE STOP SHOP 41a High Street, Doddington

Tel: 01354 741032

Open 6am to 9pm Monday to Friday and 7am to 9pm Saturday and Sunday

DODDINGTON NEWSAGENTS – 30, High Street, Doddington

Tel: 01354 740048

Open 6am to 7pm Monday to Saturday and 6am to 7pm Sunday

DODDINGTON DIARY

The April edition of the Diary had been sent to the printers, when it was announced that all non-essential activity was to stop. Therefore, there will be no printed Diary this month or until further notice. If you would like to receive an emailed copy of the Diary please contact us at doddingtondiary@gmail.com as we can send you the April edition and we plan to produce a reduced version each month – providing there is sufficient news and items sent to us – so children write to us tell us how the home schooling is going! We will also publish on Facebook @doddingtondiary and on the Doddington Parish Council website at Doddingtonparishcouncil.com and their Facebook page.

If you are receiving this notice electronically you should be able to access the April edition of the Diary by clicking on this pdf icon.



Diary April 2020.pdf

I do hope that this will help as we all batten down the hatches. If you would like to be included in this list of helpers, please let me know. We will make it available on the Parish Council website Doddingtonparishcouncil.com, on the Doddington Diary Facebook page and on Facebook generally.

Please take great care of yourselves and make sure that you keep in touch with family, friends and neighbours by phone – but PLEASE STAY AT HOME – LETS STOP THIS VIRUS SPREADING.

Thank you

Ruth

Ruth Hufton

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